

Washington County

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: May 2023	Name of School District: Washington Co.	Number of Schools in District: 4	
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The school will send out the Fruit of the Month newsletter and lunch menus to families monthly. The information will also be shared as a digital resource.	Completed	1	1 in progress.
2. Teachers will integrate nutrition education into school curriculum at least once a month and documented by lesson plans.	Partially Completed	2	
3. The school offers breakfast and lunch meals that demonstrate healthy menu planning practices that meet USDA nutrition standards.	Completed	2	
4. The school's website provides a link to the school nutrition program website	Partially Completed	2	
5.	Choose an item.		
Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The restrooms are maintained on a daily basis, and informational signs are posted about handwashing.	Completed	2	



2. Nutritious meals and snacks are provided to students who participate in afterschool programs, summer programs, and in-season athletic events.	Completed	2	
3. A wellness board is accessible to all employees and provides information about nutrition and wellness programs.	Completed	1	1 partially completed
4. Students have access to flu vaccinations, scoliosis screenings, dental care, free physical, and Oconee mental health and Mercer Family therapy.	Partially Completed	2	
5.	Choose an item.		
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Students receive a minimum of 90 minutes of Health/PE per week with a certified PE teacher.	Completed	2	
2. All students engage in one semester personal fitness class taught by a certified PE teacher	Completed	1	1 in progress
3. Students participating in physical education classes are given the fitness gram at least once a year.	Completed	1	1 in progress
4. Policies ensure that state-certified instructors teach all physical education classes.	Completed	2	
5. Wellness newsletter will be posted on social media sites monthly.	Completed	2	

Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Taste testing with emphasis on GA Grown	Not Completed	2	
2. School sponsored family activity events	In Progress	1	1 not completed
3. After school programs will encourage healthy habits and physical activity	In Progress	1	1 not completed
4. Nutrition education resources with promotion materials will be posted on SN website	Not Completed	2	
5.	Choose an item.		



Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. Items sold in vending machines will adhere to Smart Snack guidelines	Completed	4	
2. Foods that do not meet Smart Snack guidelines will be sold only during exemptions	Completed	4	
3. Vending machines that sell water are available for students and staff	Completed	4	
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. All food and beverages offered, but not sold, to students on campus during the school day, such as for classroom parties, snacks, and rewards, are not required to meet state and federal nutrition requirements and guidelines; however, it is encouraged that they meet or exceed these standards.	Completed	1	1 in progress
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. The District is committed to minimizing competitive marketing messages that are inconsistent with the Wellness Policy and health information , which strives to teach students how to make informed choices about health, nutrition, and physical activity.	Completed	2	



2. Any foods or beverages advertised or marketed are encouraged to meet USDA Smart Snack Guidance and standards.	Completed	2
3.	Choose an item.	
4.	Choose an item.	
5.	Choose an item.	

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Lynn Poole	RRP Principal	Submitted by former Principal Leah Clark
2. Christine McPherson	RRE Principal	
3. Dr. Daryl Gilbert	EMS Principal	Submitted
4. Timothy May	WCHS Principal	
5. Terry Stephens	WCAA Principal	
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. See attached sheet		
2.		
3.		
4.		
5.		

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal



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In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal



